

City of Flagstaff Housing Authority Newsletter

November 2020

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Contact Us

CFHA Maintenance

(928) 213-2731

East Flagstaff Housing

Jayne Wittman, Housing Spec.

Email: jwittman@flagstaffaz.gov

Phone: (928) 213-2735

Fax: (928) 526-3734

Hours: M-F from 8am - 5pm

Flagstaff Housing West

Patricia Sauers, Housing Spec.

Email: psauers@flagstaffaz.gov

Phone: (928) 779-1887

Fax: (928) 779-5801

Hours: M-F from 8am - 5pm
(closed 12pm - 1pm)

Clark Homes

Amanda Thomas, Housing Spec.

Email: athomas@flagstaffaz.gov

Phone: (928) 779-1247

Fax: (928) 779-2175

Hours: M-Th from 8am - 6pm
(closed 12pm - 1pm)
& Fri 8am - 12pm

General Phone: (928) 213-2730

Voting: Registration, Early Voting, & Polling Places

To vote in person on Tuesday, Nov 3rd, you must have registered by Oct 5th. Check your registration at:

- (928) 679-7860,
- (800) 793-6181,
- Coconino.AZ.gov,
- Or Vote.org

If you have not returned a mail-in ballot, drop it off at:

- County Elections Office at 110 E Cherry Ave,
- County Elections Drive-Up Window at 2304 N 3rd St,
- County Health & Human Services Building at 2625 N King St, or
- Flagstaff Elections Office next to Dillard's at 4650 N US Highway 89.

If you're voting in person, go to the polling place for your neighborhood with ID. Valid

Arizona driver license with accurate address; tribal enrollment/identification card; or other federal, state, local ID cards are acceptable. Other IDs may be used together; for more, see the Coconino County Elections webpage.

- Siler Homes residents' and all Sunnyside residents' polling place is Coconino High School
- Brannen residents' polling place is the NAU Skydome

**"Not voting is not a protest.
It is a surrender."**

—KEITH ELLISON



- Clark Homes residents' and Cedar residents' polling place is Flagstaff High School
- Crestview residents' polling place is Flagstaff Bible Church
- Upper Greenlaw residents' polling place is Puente de Hozho School

Any registered county resident can cast their vote at one of three Vote Centers: Flagstaff Mall (next to Wells Fargo), at the NAU Skydome, or Tuba City High School.

Economic Impact Payments

The IRS has extended the deadline for receiving Economic Impact Payments (\$1,200 per adult plus \$500 for eligible children) to Nov. 21, 2020. If you have not received your payment, go to: irs.gov/coronavirus/non-filers-enter-payment-info-here.

COVID-19 Precautions & Operational Changes

CFHA Information

Front Lobbies of all offices are currently closed. We cannot permit anyone in the office who does not have a scheduled appointment and we will begin scheduling appointments where required for Residents soon. Staff are still in the office to serve residents. If you need to speak to your specialist or other staff, please call. We are working on a plan that will bring us back to limited operation. During the limited operation we will be controlling the number of people allowed in the lobby at any given time. As part of this rent payments will not be accepted at any of our front desks, but a secure drop box will be installed at each office. **Please make sure your name and address are clear on your rent payments and to keep your money order receipts. Housing Authority receipts will be mailed if there is a credit or a balance due.**

If you pay by Money Order please be sure to detach your money order receipt before you put the rent in the drop box. This receipt is your proof that you bought the money order, and will help you obtain a replacement if one is needed.

Maintenance Work Orders

Please continue to call in all work orders to **213-2731**. It is not necessary to call more than once. **All routine Work Orders are now done by appointment only, so please be sure to include a call back number in your message.** Please also be aware that no work orders will be performed when there are minors who are home with no adult present.

When our Maintenance professionals are in your home, **make sure that nobody is in the same room while they are working and windows are open.** If they are unsure of conditions in the home they may check with Management for their own safety. All other work orders will be completed once we can ensure that staff and residents will be at minimal health risk.

We are unable to pick up items from the curb. To keep our developments neat, please place bulky items on the curb the day before the bulky item pickup noted on the calendar. For your own safety please do not disturb items left at the curb nor those in dumpsters.

Change Reporting

We will be processing rent reductions with an expedited process to insure that rents remain appropriate and affordable. When reporting your change, please provide sufficient information for your Specialist to be able to determine your income. We are currently waiving face-to-face appointments, but it is very important that you return all documents with

proper signatures to the office. When we have received your signed documents we will sign and return copies to you through the mail.

Clark Homes Neighborhood Network and the SHAC are currently closed and activities suspended.

Annual Recertifications

Annual recertifications will be performed by mail. The Flagstaff PD is again running background checks. **Effective October 17, 2020 the new ACOP has been passed. Based on this families in Public Housing will only need to supply background checks on adult household members, not 16 and 17 year olds. The verification requirements for paystubs has also been changed. You will now only need to supply six (6) paystubs if you are paid weekly, four (4) if you are paid biweekly or twice monthly.** If you are unable to provide certain verifications (other than income) with your recertification packet please include a note which indicates this. When we receive your packet with sufficient information to determine rent, a Family Worksheet and Lease Addendum will be sent for your signature. Please return the signed paperwork promptly. When received your specialist will sign the paperwork and send you a copy. An office appointment will be required when our lobby has reopened so that you may provide the record check, any missing documentation, and review the results of the recertification.

Community Service

HUD has issued a waiver for Community Service. At this time those previously required to perform community service are not required to do so until their first annual recertification completed after April 1, 2020. Additionally we will not be reviewing community service status for anyone until the first annual recertification completed after April 1, 2020. This waiver expires April 1, 2021.

To protect the health of our Residents and Staff all Annual Inspections for Public Housing are cancelled through the end of 2020 as allowed under PIH Notice 2020-13. Please be sure to report maintenance needs as usual. Special Inspections may still be done if the need arises. Annual Inspections at Clark Homes are postponed until further notice. Please be aware that HUD intends to begin scheduling REAC Inspections. If one of our developments is scheduled for this the inspection must take place.

Lastly, Clark Homes and Public Housing newsletter will be combined for the time being.

Housing Choice Vouchers for Youth Exiting Foster Care

HUD has made limited funding available to provide Housing Choice Vouchers to assist Youth exiting the Foster Care System. CFHA has entered into an agreement with DCS that will allow us to administer this program. To be eligible, the Youth must:

- Be between 18 and 24 years of age;
- Left foster care, or will leave foster care within 90 days, in accordance with a transition plan described in section 475(5)(H) of the Social Security Act at age 16 or older; and
- Is homeless or is at risk of becoming homeless.

If you know any Youth that meet this criteria they may access the application and further information at dcs.az.gov/housing-voucher-application-request.

Wise Words: Holiday Season Safety

Don't allow the spirit of giving lull you into giving thieves a better chance at their dirty work. Stores and malls are packed with busy and distracted shoppers looking for those perfect gifts and last minute deals.

Take some of the following precautions to protect yourself and your valuables this Holiday Season:

- Stay alert and know what's going on around you.
- Park your vehicle in a well lit area.
- Park close to your destination.
- Always lock your vehicle and store items out of sight. Valuables left in plain view are tempting to a thief.
- Do not approach your car alone if there are suspicious people in the area.
- Beware of strangers approaching you.
- Keep a secure hold on your purse handbag and parcels.
- Ask mall or store security for an escort before leaving your shopping location.
- Avoid overloading yourself with packages.
- Shop with a family member or friend.

Have a safe and joyful Holiday!



Food & Utility Resources

Family Food Center Services:

NEW: Friday Food Boxes

Thomas School every Friday from 10am-1pm and Killip Elementary from 9am-12pm hosts food box pickup with no additional paperwork! Call Henrietta Jackson, (928) 525-4930, for more info!

Home Deliveries

Call (928) 526-2211 to sign up for a delivery

Emergency Food Boxes

3805 E Huntington, Tues-Sat, 9am-1pm

To-Go Style Dinner

1903 N 2nd St, Daily from 4:00pm-5:30pm

Backdoor Lunch Program: Ring Bell for Lunch

1903 N 2nd St., Daily from 10am-2pm

Book Distribution & Kids' Raffle

Tues-Fri, 4:00-5:30pm at 1903 N 2nd St.

Flagstaff Unified Schools

Free Grab & Go Meals

Mon-Fri, 11:00am-12:30pm

Visit www.fusd1.org/grabandgo for locations

The Pantry by Golden Rule at 2573 E 7th Ave

Personalized food boxes for pickup W-Sun, 3pm-6pm

The Salvation Army Food Pantry

507 N. Humphreys St., 9am-12pm, 1pm-5pm, M-Th
Emergency food box application required with ID. Call (928) 774-1403 and ask about The Emergency Food Assistance Program, too!

Meals on Wheels (Area Agency on Aging)

If someone in your household is 60 years of age or older, call (877) 521-3500 to arrange for assistance.

These organizations help with utilities:

Coconino County Community Services,

(928) 679-7453, helps with electric, gas, and more.

Salvation Army of Flagstaff, (928) 774-1403, provides additional utility assistance.

St Vincent de Paul Help Line, (928) 774-6511, call back until you have a chance to speak to someone.

Unisource Payment Assistance offers payment extensions and flexible payment plans, call (877) 837-4968 or visit uesaz.com/electric-rates/.

APS offers additional services such as Project Share and Safety Net. Call 211 or go to aps.com/assistance.

Our Maintenance Professional of the Year!

Big congratulations to Ray Slim, Siler Homes Maintenance Lead, for being awarded



Maintenance Professional of the Year! Ray received the award from the Affordable Housing Management Association, Pacific Southwest (AHMA-PSW). Thank you for your hard work and dedication!

Apply for the CFHA Board

The Board of Commissioners sets policy and direction for the CFHA. The Board meets each month on the third Thursday of the month at 10:00 am. Meetings are currently online, though will return to in person in the future. Learn more at flagstaff.az.gov/994; apply at flagstaff.az.gov/1883.

Recipe of the Month: Pumpkin Pie

November pumpkin pie is a hallmark! Warm the home and sweeten the air with this one!



Perfect Pumpkin Pie (Source allrecipes.com)

- | | |
|--|-----------------------|
| 1 can (15 oz) pumpkin | 2 large eggs |
| 1 can (14 oz) sweetened condensed milk | |
| 1 tsp ground cinnamon | 1/2 tsp ground ginger |
| 1/2 tsp ground nutmeg | 1/2 tsp salt |
| 1 unbaked pie crust (9") | Whipped cream |

Directions

1. Preheat oven to 425 F.
2. Whisk pumpkin, condensed milk, eggs, spices, and salt in bowl until smooth.
3. Prepare crust in 9" pie pan.
4. Pour pie filling into crust and bake for 15 minutes.
5. Reduce oven to 350 F and bake for 35-40 minutes more, until you can insert a knife one inch from the crust and your knife comes out clean.
6. Allow to cool, garnish with whipped cream, ice cream, or whatever, and enjoy!

Kids' Steam Corner: Edible Science!



The science of bread making is a great addition to your table!

Let's prepare our yeast:

Dissolve 2/3 cup white sugar in 2 cups warm water, add 1 & 1/2 tablespoons yeast (sold in a jar or small bags). Let sit 30 minutes or more until a foam forms. Yeast is a single cell fungus and is usually sold in a dormant "active-dry" state.

Warm water wakes up the yeast which starts eating the sugar to multiply. Yeasts are also used to make medicines and alcohol through fermentation.

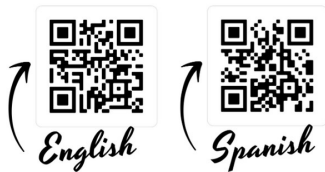
Let's make our dough: Stir in 1 & 1/2 teaspoon salt and 1/4 cup vegetable oil. Add 5 & 1/2 cups flour, one cup at a time, stirring with a sturdy wooden spoon or spatula. As you add the flour, your dough will form; spread 1/2 cup flour on a clean counter and turn out the dough there. Continue kneading with your hands for a few minutes until the dough is smooth. To knead, fold the dough into itself in thirds like folding a letter; then turn the dough 90 degrees and repeat. The dough forms a protein called gluten that stretches. Gluten also helps capture air in bubbles, making the bread fluffy. Move the dough to an oiled bowl, cover it with a damp cloth for one hour to rise. The yeast continues to eat sugar and multiply, emitting carbon dioxide just like you breathe out.

To make loaves, punch down the puffed up dough, divide dough in half, knead each half into loaves, then place each in a greased 9"x5" loaf pans or set them on a lightly greased baking sheet. Turn the oven on to 350 F, let the loaves proof (rise in their final shape) for at least 30 minutes, bake for about 30 minutes or until it is golden brown. If unsure, tap the bottom of the hot loaf and listen for a hollow noise. The heat of the oven solidifies the protein bonds and gives bread its crust through conduction. If a loaf is doughy it hasn't had enough time or heat from the outside to cook the interior. **Be sure to enjoy your experiment!**

Source: leftbraincraftbrain.com/biology-of-bread. Learn about emulsification by making butter: sciencebuddies.org/science-fair-projects/project-ideas/FoodSci_p050/cooking-food-science/shaking-for-butter or go the extra mile and make a sourdough starter kingarthurbaking.com/recipes/sourdough-starter-recipe.

LET YOUR VOICE BE HEARD!

Help us identify whether barriers to Fair Housing exist in Flagstaff



Complete the City of Flagstaff 2020 Fair Housing Survey

To access the survey use the QR codes above or web addresses below!

English: tinyurl.com/y48jm8zp
Spanish: tinyurl.com/y5m693cf



Get Your Flu Shot!

Flu shots help prevent and minimize the flu and this year it is as important as ever to avoid health complications. The flu shot is especially important for babies, pregnant women, and the elderly. Walk-in flu shot locations include: Bashas', CVS, Safeway Pharmacy, Sam's Club, Fry's Pharmacy, Walgreens, and Wal-Mart.

For more on the flu, see [cdc.gov/flu](https://www.cdc.gov/flu).



Resources at the Library

Flagstaff Libraries are here to help students and others in need of printing and internet access!

Downtown Library: Computer reservations 10am-2pm M-F; printing and holds, 10am-4pm; call (928) 213-2331 for details

East Library: Computer reservations, book holds, and printing, 2pm-6pm M & W, 10am-2pm F & Sat; Homework Help Tu & Th, 3-5pm; call (928) 213-2348 for details

Guest Column: Hints from Heloise

Special thanks to Virginia for this column!

Heloise from A to Z is a handy home reference with household tips. Hopefully these help you in a pinch!

To remove an adhesive bandage without pain: Soak a cotton ball with baby oil, apply it to sides of bandage; after ten minutes remove with ease.

Preventing pop-off of buttons: Buttons often leave a hanging thread, try dabbing with glue to secure.

Helping a child find the front of elastic waisted clothes: Sew a button to the front of the garment so that the child only need find the "belly button."

If a stuffed animal is not washable, sprinkle with cornstarch, then brush with a stiff brush to clean.

Finding a flashlight in the dark: stick a strip of glow-in-the-dark tape around the head of the flashlight!

Watering indoor plants: A turkey baster is great to water hard to reach plants or deal with standing water, ice cubes can be used in hanging plants.

Store extra linens in decorative pillow cases to get the most out of both the cases and keep linens snug.

Have ants? Cucumber peels are a natural repellant!

To make a pen grip for people with joint issues, poke the pen through a foam hair curler or rubber ball.

Keep a tissue box dry in the bathroom by sticking pushpins through the bottom corners to make "feet" that will keep it off the surface.

Storing a picnic cooler? Prop the lid with a spacer and sprinkle with baking soda to prevent odors.

Dealing with sticking pizza or bread crust? Sprinkle cornmeal on the greased pizza pan before placing the pizza.

Have flat soda or leftover drinks? Freeze them in an ice cube tray to add to the next round of drinks!

Steamed fish keeps falling apart? Wrap it in a coffee filter to avoid crumbling.

To easily remove stuffing from a turkey, line the turkey interior with cheesecloth, leaving plenty on the outside to easily pull out. Stuff loosely as stuffing swells.

Thicken soups or thin gravies by adding instant or leftover potatoes or other pureed veggies.

Your Story Could be Featured in Next Month's Newsletter!

If you have news of accomplishments, original artwork, poetry, community group news, recipes, or if you just want to see something specific on the next newsletter, we want to hear from you! Send Caleb your stories or suggestions and they may be featured in next month's newsletter!

Drop off a letter at the Siler Homes office or send an email to caleb.alexander@flagstaffaz.gov.

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Trash Pickup</u> Clark Homes, Crestview, and Cedar	<u>Trash Pickup</u> All Sunnyside Scattered Sites <u>Recycling Pickup</u> Brannen and Verde	<u>Trash Pickup</u> Siler, Brannen, Steves, Alta Vista, Lockett, and Verde	<u>Recycling Pickup</u> Clark Homes, Cedar, and Crestview	<u>Recycling Pickup</u> Siler, Lockett, Alta Vista, Steves, and all Sunnyside Scattered Sites
2 <u>Public Housing Rent Due</u> <u>Clark Homes Rent Due</u>	3 	4	5	6
9 <u>Bulky Trash Pickup:</u> Clark Homes, Crestview, & Cedar	10	 MY MASK PROTECTS YOU, AND YOUR MASK PROTECTS ME.		13
16 <u>Last day to turn in Public Housing Recert. Packets for February by 8am</u>	17 <u>< Bulky Trash Pickup:</u> East Scattered Sites, Siler, & Greenlaw			20
23	24	25	26 <u>Happy Thanksgiving!</u> <u>City Offices Closed 11/26 and 11/27</u>	27 
30 <u>Bulky Trash Pickup:</u> Brannen & Verde	Dec 1 <u>December Public Housing Rent Due</u> <u>December Clark Homes Rent Due</u>	Dec 2	Dec 3 	Dec 4

December's Rent Dates

Public Housing - Late fees applied: On 8:00 am on Tuesday, December 8th

Public Housing - Last day to pay rent to avoid court action: By 8:00 am on Monday, December 22nd